LatinDiscover.com
rediscovering the New World

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TRIP DETAILS
11 days / 10 nts - Panama

Departures Daily
Trip Ref 4877

ITINERARY IN BRIEF

PRICES FROM $3,287

Journey across Panama

Day 1: Arrive to Panama
A representative will meet you at the airport to transfer you to your hotel in Panama City.

(Included meals : N / A)

Day 2: Chagres National Park - Embera Indigenous Encounter
Early in the morning our guide will meet you at the hotel lobby and transfer to El Corotu and the shores of Madden Lake. Here, you board a motorized piragua (dugout canoe) and travel up the Chagres River to the Embera indigenous village of Embera Drua.

The boat journey takes you through the rainforest of the 129,500-hectare (320,000-acre) Chagres National Park. This park is the largest of the most important of all the conservation areas in the Panama Canal Watershed. Along the Chagres River, you may be able to spot Little Blue and Green Heron, Great Egret, Anhingas, Neotropic Cormorant, Mealy and Red-lored Amazons, Ringed and Green Kingfishers, along with Keelbilled Toucans and Ospreys flying above.

Once at the village, you will learn about Embera customs and their relationship with nature. There will be handicrafts available for sale and you will have a chance to be painted with the traditional jaguar (optional), a natural dye the Embera use to adorn their bodies. After a traditional Embera lunch you will be heading back to Panama City. Duration of this segment is 8 hours and departs at 08:00 AM. Includes: ground and river transportation, entrance fees to the Chagres National Park, traditional lunch at the community, donation and specialized guide.

(Included meals: Breakfast, Lunch)

Day 3: San Blas Islands
Depart from your hotel early in the morning for a 25- to 40-minute flight to San Blas Archipelago airstrip on Panama's Atlantic Coast. Then a motorized dugout canoe will transfer you to the very rustic, but charming San Blas lodge of your choice. Here you will have the opportunity to visit the Kuna India's principal community. You will enjoy beautiful beaches on the nearby islands. Lunch and dinner feature fresh San Blas seafood.

(Included meals: Breakfast, Lunch, Dinner)

Day 4: San Blas Islands
Rent (or bring your own) snorkeling gear to explore the beautiful reefs in San Blas, relax on whitesand beaches or in a hammock under the palms.

(Included meals: Breakfast, Lunch, Dinner)

Day 5: Panama City
Early in the morning return from San Blas to Panama City. Your afternoon will be free for relaxation or shopping at your leisure. Optional activities: City Tour, kayaking tour, folkloric show and dinner at Tinajas Restaurant. Spend the night at a hotel in the city.

(Included meals: Breakfast)

Day 6: Chiriquí Cloud Forest
Early morning transfer by airplane to David in the western province of Chiriquí, bordering Costa Rica.

Then transfer by car/van to the quaint mountain town of Boquete in the highlands. Enjoy the afternoon in the beautiful highlands exploring the area around your hotel. You can hike around the property trails and look for the volcano hummingbird. Optional tours available: hiking, riding horses, canopy Adventure, rafting and coffee tours. Overnight in Finca Lerida or similar.

***Domestic flights have a weight limit of 25 pounds / 12.5 kilograms per person

(Included meals: Breakfast)

Day 7: Boquete / Baru Volcano
After breakfast explore the trails around the Baru Volcano National Park with a naturalist guide. You will have the opportunity to see the elusive and Resplendent Quetzal in its mountain habitat of wild orchids and bromelias. You will have a box lunch in the field. Lodging will be in Boquete. Optional tours available: White water river rafting, Tree Trek or zip line adventure in the cloud forest, horseback riding and coffee tours.

(Included meals: Breakfast, Box Lunch)

Day 8: Bocas del Toro
Early this morning you will embark on a magnificent journey over the mountains and down to the Caribbean coast. This scenic van ride takes about 4-5 hours, and along the way you'll have the chance to step out, stretch your legs and take in the beautiful surroundings.

Here you will experience a mix of cultures ranging from Afro-Caribbean to Ngobe indigenous and European descendants. Transfer to your hotel in the town of Bocas. The rest of the day is free for town exploration or optional tours.

(Included meals: Breakfast)

Day 9: Bocas del Toro
After breakfast you will enjoy a tour of Bastimentos Marine National Park to snorkel, go beach combing and have an outdoor lunch. Lodging will be at a hotel in Bocas.

Optional: Scuba diving, snorkeling tours, chocolate tour, visit to indigenous communities and kayaking tours.

(Included meals: Breakfast)

Day 10: Panama City
Return to Panama City and transfer to your hotel. Your afternoon will be free for town exploration or relaxation.

(Included meals: Breakfast)

Day 11: Transfer Out
Transfer to the international airport approximately two hours before your scheduled departure time.

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Includes :
- All land & water transfers between destinations
- Meals as per itinerary
- Lodging
- Guides
- Entrance fees (unless specified on itinerary)

Not included :
- International or domestic flights
- International or local airport taxes
- Tips
- Meals not mentioned in the itienrary

Note: This program can be custom made to add Partial Canal Transit or Historical City Tour.

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