

## READING GUIDE

# Belize

Here is a brief selection of favorite, new and hard-to-find books, prepared for your journey. For your convenience, you may call (800) 342-2164 to order these books directly from Longitude, a specialty mail-order book service. To order online, and to get the latest, most comprehensive selection of books for your voyage, go directly to <http://reading.longitudebooks.com/LD12>.

### Essential

*These 5 items are available as a package for \$66 including shipping, 15% off the retail price (Item no. EXBLZ22). Any additional books ordered are shipped free.*

*Chicki Mallan, Josh Berman*

#### **Moon Handbook Belize**

2004, PAPER, 350 PAGES, \$17.95

A traveler's guide to the culture, history and nature of Belize. With a section on Tikal, black-and-white photographs, 45 sketch maps, and good recommendations on where to go and what to do. (Item no. BLZ05)

*Claude Baudez, Sydney Picasso*

#### **Lost Cities of the Maya**

1992, PAPER, 175 PAGES, \$12.95

A pocket guide to Maya archaeology. This lavishly illustrated small book features hundreds of color photographs and illustrations -- along with excerpts from key works and a brief guide to Maya arithmetic, their calendar, and inscriptions. (Item no. MYA01)

*Paul Humann*

#### **Snorkeling Guide to Marine Life**

1995, PAPER, 80 PAGES, \$14.95

A compact guide illustrating all the fishes, corals, invertebrates and plants you are most likely to encounter in less than 15 feet of water in the Caribbean. Humann's photographs are among the best we've seen for identification -- and its handy size makes it perfect to take along in the boat or to the beach. (Item no. DIV02)

*Adrian Forsyth, Ken Miyata*

#### **Tropical Nature**

1984, PAPER, 248 PAGES, \$14.00

A lively, lucid portrait of the rain forest as seen by two uncommonly observant and thoughtful field biologists. Its 17 marvelous essays introduce the habitats, ecology, plants and animals of the Central and South American rain forest. With a lengthy appendix of practical advice for the tropical traveler. (Item no. GPS13)

*ITMB*

#### **Belize Map**

2001, MAP, \$8.95

A travel map of Belize at a scale of 1:350,000 with good topographic relief. (Item no. CAM21)

### Also Recommended

*Ian Peedle*

#### **Belize in Focus, A Guide to the People, Politics, and Culture**

1999, PAPER, 100 PAGES, \$12.95

A brief, authoritative guide to the history, cultural heritage, politics and economy of Belize. With maps, photographs and some travel information, it's an excellent synopsis from an unabashedly left-leaning perspective, strong on facts. (Item no. BLZ13)

*Catherine O'Neal*

#### **Hidden Belize**

2003, PAPER, 268 PAGES, \$15.95

A comprehensive guide to the rich natural and cultural history of Belize, its Mayan ruins, coral reefs and tropical forests. This guide focuses on outdoor activities and nature with extensive and up-to-date information on sights, food, lodging and preparation. (Item no. BLZ03)

*Tom Barry*

#### **Inside Belize**

1995, PAPER, 180 PAGES, \$11.95

A wonderful introduction to the history, culture and economics of Belize; concise and authoritative. (Item no. CAM10)

*Insight Guides*

#### **Insight Guide Belize**

2005, PAPER, 341 PAGES, \$23.95

A profusely illustrated overview of Belize, featuring concise essays by well regarded authors on natural history and culture, hundreds of photos and maps, and some limited practical information. (Item no. BLZ02)

*Franz O. Meyer*

**Lonely Planet Diving & Snorkeling Belize**

2002, PAPER, 128 PAGES, \$16.99

A guide to diving and dive sites throughout Belize, this book contains maps, driving directions and safety information, along with descriptions of marine wildlife, diving techniques and nearby attractions. (Item no. BLZ12)

*Peter Eltringham*

**Rough Guide Belize**

2004, PAPER, 300 PAGES, \$16.99

This comprehensive guide includes an excellent historical and cultural overview of Belize, with special attention to its natural history. The region-by-region descriptions are excellent, especially for lesser-known destinations. Includes sections on Tikal. (Item no. BLZ15)

*World Mapping Project*

**Guatemala & Belize Map**

2003, MAP, \$8.95

A detailed, double-sided travel map of both Guatemala and Belize at a scale of 1:500,000. (Item no. CAM101)

*Hector Perez-Brignoll*

**A Brief History of Central America**

1989, PAPER, 223 PAGES, \$19.95

A good overview of the economic, political and social history of the region through the 1980s by a professor at the University of Costa Rica. Well written, informative and concise. (Item no. CAM49)

*Anthony G. Coates*

**Central America, A Natural and Cultural History**

1999, PAPER, 296 PAGES, \$20.00

A concise overview of the region with contributions by diverse authors on the geology, natural history and culture of the Central American isthmus. (Item no. CAM69)

*George S. Henderson*

**The World of the Ancient Maya**

1997, PAPER, 327 PAGES, \$29.95

A comprehensive survey of the Maya from early settlement to the Spanish invasion. With descriptions of Maya rulers, architecture, art, language, and daily life, photographs and maps. (Item no. MYA21)

*Joyce Kelly*

**An Archaeological Guide to Northern Central America**

1996, PAPER, 352 PAGES, \$24.95

The clear descriptions, site plans, maps and photographs of 38 archeological sites and 25 museums throughout Central America make this book an ideal travel companion. (Item no. MYA04)

*Michael Coe*

**Breaking the Maya Code**

1999, PAPER, 304 PAGES, \$19.95

Mayan hieroglyphs were a linguistic puzzle until the 1952 breakthrough translation of a Mayan bark-paper text, as Coe explains in this history. The book also includes an extensive discussion of Maya studies and political activism in the wake of the linguistic discovery. (Item no. MYA30)

*Simon Martin, Nikolai Grube*

**Chronicle of the Maya Kings and Queens, Deciphering the Dynasties of the Ancient Maya**

2000, HARD COVER, 240 PAGES, \$34.95

The history of the Maya dynasties, encompassing biographies of 152 kings and queens, as gleaned from recently deciphered hieroglyphs. An unusual and rewarding book, illustrated in color and black-and-white. (Item no. MYA31)

*Mary Ellen Miller*

**Maya Art and Architecture**

1999, PAPER, 240 PAGES, \$14.95

An illustrated overview of the art and architecture of the Maya, making use of the latest discoveries at Tikal, Copan, and Palenque to demonstrate the range of Maya artistic influence. Highly recommended for travelers interested in a better understanding of Maya art. (Item no. MYA20)

*Peter Harrison*

**The Lords of Tikal, Rulers of an Ancient City**

1999, PAPER, 208 PAGES, \$31.95

Beautifully illustrated and scholarly, this book draws together recent archaeology and a new understanding of Maya hieroglyphs to portray Tikal at the height of its influence. (Item no. MYA16)

*Michael Coe*

**The Maya**

2005, PAPER, 272 PAGES, \$22.50

A clear, concise and up-to-date introduction to Maya archaeology and culture by a leading authority, now in its seventh edition. A volume in the series, "Ancient Peoples and Places," this short book highlights the chronology, accomplishments and legacy of the Maya. (Item no. MYA10)

*Archie Carr*

**High Jungles and Low**

1992, PAPER, 226 PAGES, \$19.95

In this absorbing memoir, Carr tells of life in the Honduran highlands. His account of slogging through the forest as a gun-toting tagalong on a commercial expedition in search of mahogany is a classic. Though it takes place in Honduras, it's just as appropriate for a trip to any Central American jungle. (Item no. CAM01)

*John Lloyd Stephens*

**Incidents of Travel in Central America, Chiapas and Yucatan: Volume One**

1969, PAPER, 396 PAGES, \$14.95

The first volume of Stephens' 1843 account, an instant bestseller and still an excellent introduction to the people, culture and archaeology of Central America; follows Stephens through Belize and Guatemala, with several chapters on Copan. (Item no. MYA33)

*Ronald Wright*

**Time Among the Maya, Travels in Belize, Guatemala, and Mexico**

2000, PAPER, 464 PAGES, \$15.00

Wright combines journalism, archaeology and an ear for dialogue in this engaging account of travels among the contemporary Maya. With chapters devoted to Belize, the Peten, highland Guatemala, Chiapas and the Yucatan, it's stimulating reading. (Item no. CAM84)

*Zee Edgell*

**Beka Lamb**

1987, PAPER, 171 PAGES, \$10.95

This award-winning novel is the story of Beka, a young girl from Belize -- and habitual liar who would like to reform her ways. Edgell, who grew up in Belize City, writes a convincing portrayal of family and small town life. (Item no. BLZ01)

*Dennis Tedlock*

**Popol Vuh, The Mayan Book of the Dawn of Life**

1996, PAPER, 388 PAGES, \$15.00

The definitive, unabridged collection of creation myths and stories of the Quiche people. Carlos Fuentes called it The Maya Bible. (Item no. MYA14)

*Robert H. Horwich, Jonathan Lyon*

**A Belizean Rain Forest: the Community Baboon Sanctuary**

1990, PAPER, 420 PAGES, \$18.00

A primer on the natural history, local people and conservation of Belize for visitors. (Item no. BLZ08)

*J.C. Kricher, Mark Plotkin*

**A Neotropical Companion**

1999, PAPER, 536 PAGES, \$27.95

A tropical primer aimed at the motivated general reader. From plants and animals, birds to bugs, it's all here in this wonderfully written primer on the ecology, habitats, plants and animals of Central and South America. (Item no. GPS11)

*Steven Hilty*

**Birds of Tropical America, A Watcher's Guide to Behavior, Breeding and Diversity**

2005, PAPER, 312 PAGES, \$19.95

An ornithologist and veteran leader of birding expeditions, Hilty serves up short essays on how to find and better appreciate the dizzying variety of neotropical birds, their habits and habitats, diversity and distribution in this favorite book. This is not a field guide but rather a natural history and an introduction to antbirds, flycatchers, manikins and other typical bird families. With lovely pencil illustrations by Mimi Hoppe Wolfe. (Item no. CAM39)

*Alan Rabinowitz*

**Jaguar, One Man's Struggle to Establish the World's First Jaguar Preserve**

2000, PAPER, 378 PAGES, \$20.00

In this vivid portrait of conservation in Central America, Rabinowitz weaves personal tales of his own research and adventures with a chronicle of his successful efforts to establish a jaguar reserve in Belize. (Item no. BLZ11)

*Michael J. Balick, Rosita Arvigo*

**Rainforest Remedies: One Hundred Healing Herbs of Belize**

1993, PAPER, 255 PAGES, \$15.95

100 traditional herbs of Belize along with the culture and lore surrounding their use. (Item no. BLZ10)

*John Kingsbury*

**200 Conspicuous, Unusual, or Economically Important Tropical Plants of the Caribbean**

1988, PAPER, 220 PAGES, \$20.00

A general purpose plant identification guide to Caribbean shores, also useful for subtropical Florida. Features color photographs and short plant descriptions. (Item no. CRB01)

*Stephen Howell, Sophie Webb*

**A Guide to the Birds of Mexico and Northern Central America**

1995, PAPER, 849 PAGES, \$39.95

Serious birders will want this definitive guide to the 1,070 bird species. It may be awkward to carry but it covers, in detail, all the birds you will see in the region. (Item no. FG15)

*Les Beletsky*

**Belize, Travellers' Wildlife Guides**

2004, PAPER, 492 PAGES, \$27.95

An all-around field guide featuring color illustrations of 200 birds, 50 mammals, 150 coral reef creatures, and 80 reptiles and amphibians. (Item no. BLZ04)

*H. Lee Jones, Dana Gardner*

**Birds of Belize**

2003, PAPER, 317 PAGES, \$34.95

A complete guide to the birds of Belize, 573 species in all, featuring 56 color plates and 234 range maps. (Item no. BLZ16)

*Ernest Preston Edwards*

**Field Guide to the Birds of Mexico and Adjacent Areas, Belize, Guatemala, and El Salvador**

1998, PAPER, 288 PAGES, \$22.95

This classic guide illustrates all the regularly occurring birds of Mexico and neighboring areas, and includes details of distribution, abundance, habitat and identification features for 850 species. (Item no. MEX47)

*I Greenberg*

**Fishwatcher's Field Guide Caribbean**

PLASTIC CARD, \$7.50

A convenient double-sided plastic card showing 75 reef fish of the Caribbean. (Item no. DIV11)

*Fiona Reid*

**Mammals of Belize**

2001, PAPER, 28 PAGES, \$6.00

A palm-sized guide to 64 of the larger and most commonly encountered mammals of Belize, each with a full color illustration, paw print and description. (Item no. BLZ14)

*I Greenberg*

**Marine Invertebrates of Florida, the Bahamas, Bermuda and the Caribbean**

PLASTIC CARD, \$7.50

A convenient double-sided plastic card showing 61 invertebrates of the Caribbean. (Item no. DIV12)

*C. Lavett Smith*

**National Audubon Society Field Guide to Tropical Marine Fishes: Caribbean, the Gulf of Mexico, Florida, the Bahamas and Bermuda**

1997, FLEXI-BOUND, 720 PAGES, \$19.95

A photographic guide to coral reef fishes found in the Caribbean, Florida, the Bahamas and Bermuda. This portable, pocket-size book features 417 excellent color photographs, each with a range map and description. (Item no. FG24)

*L.H. Emmons*

**Neotropical Rainforest Mammals, A Field Guide**

1997, PAPER, 298 PAGES, \$32.50

An illustrated guide to the mammals of the New World tropics, compact enough to slip into your daypack, with 29 color plates illustrating more than 200 species. (Item no. GPS12)

*Paul Humann*

**Reef Fish Identification**

2002, FLEXI-BOUND, 400 PAGES, \$39.95

A specialized 400-page reference guide with 670 color photographs; underwater enthusiasts will want this comprehensive guide to reef fishes, which includes first-ever photos of elusive fish species. (Item no. DIV03)

*I Greenberg*

**Reefcomber's Guide, Caribbean**

1982, PLASTIC CARD, \$7.50

A double-sided laminated card with fish, corals and other invertebrates of the Caribbean. (Item no. DIV46)

**TO ORDER**

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