

READING GUIDE

Central America

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Essential

These 6 items are available as a package for \$89 including shipping, 15% off the retail price (Item no. EXCAM49). Any additional books ordered are shipped free.

Peter Eltringham

Rough Guide Central America

2004, PAPER, 896 PAGES, \$22.99

A no-nonsense, comprehensive travel guide to Central America with country-by-country descriptions and a solid overview of history, culture and nature. It covers Belize, Guatemala, Honduras, Nicaragua, El Salvador, Costa Rica and Panama. (Item no. CAM95)

Anthony G. Coates

Central America, A Natural and Cultural History

1999, PAPER, 296 PAGES, \$20.00

A concise overview of the region with contributions by diverse authors on the geology, natural history and culture of the Central American isthmus. A publication of the "Paseo Pantera Project." With charts, graphs and maps. (Item no. CAM69)

Claude Baudez, Sydney Picasso

Lost Cities of the Maya

1992, PAPER, 175 PAGES, \$12.95

A pocket guide to Maya archaeology. This lavishly illustrated small book features hundreds of color photographs and illustrations -- along with excerpts from key works and a brief guide to Maya arithmetic, their calendar, and inscriptions. (Item no. MYA01)

Adrian Forsyth, Ken Miyata

Tropical Nature

1984, PAPER, 248 PAGES, \$14.00

A lively, lucid portrait of the rain forest as seen by two uncommonly observant and thoughtful field biologists. Its 17 marvelous essays introduce the habitats, ecology, plants and animals of the Central and South American rain forest. With a lengthy appendix of practical advice for the tropical traveler. (Item no. GPS13)

Archie Carr

High Jungles and Low

1992, PAPER, 226 PAGES, \$19.95

In this absorbing memoir, Carr tells of life in the Honduran highlands, where "the volcano-set Pacific shore is 60 miles to the south and the hot, lush, banana coast a hundred miles to the north." His account of slogging through the forest as a gun-toting tagalong on a commercial expedition in search of mahogany is classic. Though it takes place in Honduras, it's just as appropriate for a trip to any Central American jungle. (Item no. CAM01)

ITMB

Central America Map

2001, MAP, \$10.95

Produced for the traveler, this detailed map gives an overview of the whole Central American isthmus at a scale of 1:1,100,000. (Item no. CAM20)

Also Recommended

Joseph Keenan

Breaking Out of Beginner's Spanish

1994, PAPER, 215 PAGES, \$18.95

Idioms, common mistakes in word usage, and other helpful advice on tackling spoken Spanish. You'll need some foundation to take full advantage of this book -- but even a complete novice will appreciate the author's playful sense of humor. (Item no. CAM06)

Anne Vipond

Panama Canal by Cruise Ship

2004, PAPER, 336 PAGES, \$19.95

An outstanding guide to the Panama Canal, and popular ports of call in Mexico, the Caribbean and Central America. It features a mile-by-mile guide to the transit, a history of the building of the canal and a detailed pullout map. (Item no. PNM13)

Hector Perez-Brignoll

A Brief History of Central America

1989, PAPER, 223 PAGES, \$19.95

A good overview of the economic, political and social history of the region through the 1980s by a professor at the University of Costa Rica. Well written, informative and concise. (Item no. CAM49)

Ralph Lee Woodward

Central America, A Nation Divided

1999, PAPER, 448 PAGES, \$31.95

A balanced standard history of the region -- popular as a university textbook and thoroughly revised to reflect the momentous events in the region since 1976. With an extensive guide to further reading. (Item no. CAM80)

Jeffery M. Paige

Coffee and Power: Revolution and the Rise of Democracy in Central America

1998, PAPER, 448 PAGES, \$22.95

Panoramic in scope, this scholarly history examines the emerging democracies of Central America and especially the political impact on powerful families who control coffee production. (Item no. CAM50)

David McCullough

The Path Between the Seas, The Creation of the Panama Canal: 1870-1914

2004, PAPER, 700 PAGES, \$18.00

This prize-winning book tackles the full scope of the Panama Canal, its characters, technical difficulties and the Byzantine politics. It's a great story that McCullough plumbs with a deft hand. (Item no. CAM32)

Edwin Williamson

The Penguin History of Latin America

1993, PAPER, 631 PAGES, \$18.00

A political and cultural history, covering 500 years from Spanish conquest through the 1980s. (Item no. SAM53)

Tatiana Proskouriakoff

An Album of Maya Architecture

1989, PAPER, 142 PAGES, \$27.95

A classic work, first published in 1946. Scholar, artist, and architect Tatiana Proskouriakoff presents breathtaking artistic reconstructions of what the Maya sites may have looked like. (Item no. MYA06)

Joyce Kelly

An Archaeological Guide to Northern Central America

1996, PAPER, 352 PAGES, \$24.95

The clear descriptions, site plans, maps and photographs of 38 archeological sites and 25 museums throughout Central America make this book an ideal travel companion. (Item no. MYA04)

Mary Ellen Miller

Maya Art and Architecture

1999, PAPER, 240 PAGES, \$14.95

An illustrated overview of the art and architecture of the Maya, making use of the latest discoveries at Tikal, Copan, and Palenque to demonstrate the range of Maya artistic influence. Highly recommended for travelers interested in a better understanding of Maya art. (Item no. MYA20)

Michael Coe

The Maya

2005, PAPER, 272 PAGES, \$22.50

A clear, concise and up-to-date introduction to Maya archaeology and culture by a leading authority, now in its seventh edition. A volume in the series, "Ancient Peoples and Places," this short book highlights the chronology, accomplishments and legacy of the Maya. (Item no. MYA10)

John Lloyd Stephens

Incidents of Travel in Central America, Chiapas and Yucatan: Volume One

1969, PAPER, 396 PAGES, \$14.95

The first volume of Stephens' 1843 account, an instant bestseller and still an excellent introduction to the people, culture and archaeology of Central America; follows Stephens through Belize and Guatemala, with several chapters on Copan. (Item no. MYA33)

Ronald Wright

Time Among the Maya, Travels in Belize, Guatemala, and Mexico

2000, PAPER, 464 PAGES, \$15.00

Wright combines journalism, archaeology and an ear for dialogue in this engaging account of travels among the contemporary Maya. With chapters devoted to Belize, the Peten, highland Guatemala, Chiapas and the Yucatan, it's stimulating reading. (Item no. CAM84)

Dennis Tedlock

Popol Vuh, The Mayan Book of the Dawn of Life

1996, PAPER, 388 PAGES, \$15.00

The definitive, unabridged collection of creation myths and stories of the Quiche people. Carlos Fuentes called it The Maya Bible. (Item no. MYA14)

J.C. Kricher, Mark Plotkin

A Neotropical Companion

1999, PAPER, 536 PAGES, \$27.95

A tropical primer aimed at the motivated general reader. From plants and animals, birds to bugs, it's all here in this wonderfully written primer on the ecology, habitats, plants and animals of Central and South America. (Item no. GPS11)

Alwyn Gentry

Four Neotropical Rainforests

1993, PAPER, 627 PAGES, \$50.00

A good reference to the flora, fauna and ecology of four representative tropical forests: Manaus (Brazil), Park Manu (Peru), Barro Colorado Island (Panama) and La Selva (Costa Rica). (Item no. AMZ33)

John Kingsbury

200 Conspicuous, Unusual, or Economically Important Tropical Plants of the Caribbean

1988, PAPER, 220 PAGES, \$20.00

A general purpose plant identification guide to Caribbean shores, also useful for subtropical Florida. Features color photographs and short plant descriptions. (Item no. CRB01)

Fiona Reid

A Field Guide to the Mammals of Central America & Southeast Mexico

1997, PAPER, 400 PAGES, \$44.50

Large color plates of mammals, mostly painted in the field, with range maps by species. A great resource for visitors to Central America with an interest in mammals. (Item no. CAM60)

Robert Ridgely, J.A. Gwynne

A Guide to the Birds of Panama with Costa Rica, Nicaragua and Honduras

1992, PAPER, 534 PAGES, \$49.95

A comprehensive field guide, recently updated and masterfully researched. This sturdy edition covers additional species occurring in Nicaragua, Honduras, and Costa Rica. (Item no. CAM07)

Ernest Preston Edwards

Field Guide to the Birds of Mexico and Adjacent Areas, Belize, Guatemala, and El Salvador

1998, PAPER, 288 PAGES, \$22.95

This classic guide illustrates all the regularly occurring birds of Mexico and neighboring areas, and includes details of distribution, abundance, habitat and identification features for 850 species. (Item no. MEX47)

I Greenberg

Fishwatcher's Field Guide Caribbean

PLASTIC CARD, \$7.50

A convenient double-sided plastic card showing 75 reef fish of the Caribbean. (Item no. DIV11)

I Greenberg

Marine Invertebrates of Florida, the Bahamas, Bermuda and the Caribbean

PLASTIC CARD, \$7.50

A convenient double-sided plastic card showing 61 invertebrates of the Caribbean. (Item no. DIV12)

C. Lavett Smith

National Audubon Society Field Guide to Tropical Marine Fishes: Caribbean, the Gulf of Mexico, Florida, the Bahamas and Bermuda

1997, FLEXI-BOUND, 720 PAGES, \$19.95

A photographic guide to coral reef fishes found in the Caribbean, Florida, the Bahamas and Bermuda. This portable, pocket-size book features 417 excellent color photographs, each with a range map and description. (Item no. FG24)

L.H. Emmons

Neotropical Rainforest Mammals, A Field Guide

1997, PAPER, 298 PAGES, \$32.50

An illustrated guide to the mammals of the New World tropics, compact enough to slip into your daypack, with 29 color plates illustrating more than 200 species. (Item no. GPS12)

Paul Humann

Snorkeling Guide to Marine Life

1995, PAPER, 80 PAGES, \$14.95

A compact guide illustrating all the fishes, corals, invertebrates and plants you are most likely to encounter in less than 15 feet of water in the Caribbean. (Item no. DIV02)

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