

## READING GUIDE

# Honduras

Here is a brief selection of favorite, new and hard-to-find books, prepared for your journey. For your convenience, you may call (800) 342-2164 to order these books directly from Longitude, a specialty mail-order book service. To order online, and to get the latest, most comprehensive selection of books for your voyage, go directly to <http://reading.longitudebooks.com/LD669>.

### Essential

*These 5 items are available as a package for \$70 including shipping, 15% off the retail price (Item no. EXCAM43). Any additional books ordered are shipped free.*

*Chris Humphrey*

#### **Moon Handbook Honduras**

2003, PAPER, 402 PAGES, \$17.95

A great resource for the independent traveler, this guidebook features a good introduction to the land, history and culture of Honduras, as well as practical detail on getting around, where to go, and where to stay. With 35 detailed maps, a Spanish glossary to Honduran slang, and articles on the Copan ruins, the Bay Islands and the Rio Plantano Biosphere Reserve. (Item no. CAM73)

*Archie Carr*

#### **High Jungles and Low**

1992, PAPER, 226 PAGES, \$19.95

In this absorbing memoir, Carr tells of life in the Honduran highlands, where "the volcano-set Pacific shore is 60 miles to the south and the hot, lush, banana coast a hundred miles to the north." His account of slogging through the forest as a gun-toting tagalong on a commercial expedition in search of mahogany is classic. Though it takes place in Honduras, it's just as appropriate for a trip to any Central American jungle. (Item no. CAM01)

*Claude Baudez, Sydney Picasso*

#### **Lost Cities of the Maya**

1992, PAPER, 175 PAGES, \$12.95

A pocket guide to Maya archaeology. This lavishly illustrated small book features hundreds of color photographs and illustrations -- along with excerpts from key works and a brief guide to Maya arithmetic, their calendar, and inscriptions. (Item no. MYA01)

*Adrian Forsyth, Ken Miyata*

#### **Tropical Nature**

1984, PAPER, 248 PAGES, \$14.00

A lively, lucid portrait of the rain forest as seen by two uncommonly observant and thoughtful field biologists. Its 17 marvelous essays introduce the habitats, ecology, plants and animals of the Central and South American rain forest. With a lengthy appendix of practical advice for the tropical traveler. (Item no. GPS13)

*ITMB*

#### **Honduras Map**

2006, MAP, \$8.95

A travel map of Honduras at a scale of 1:750,000 with good topographic relief. (Item no. CAM23)

### Also Recommended

*Joseph Keenan*

#### **Breaking Out of Beginner's Spanish**

1994, PAPER, 215 PAGES, \$18.95

Idioms, common mistakes in word usage, and other helpful advice on tackling spoken Spanish. You'll need some foundation to take full advantage of this book -- but even a complete novice will appreciate the author's playful sense of humor. (Item no. CAM06)

*David Behrens, Cam O'Brien*

#### **Diving and Snorkeling Guide Honduras' Bay Islands**

2002, PAPER, 92 PAGES, \$16.99

Recommended for underwater enthusiasts, a practical, illustrated guide to dozens of popular diving and snorkeling sites of Roatan and the Honduras Bay islands. (Item no. CAM72)

*Cindy Garoutte*

#### **Diving Bay Islands**

1995, PAPER, 127 PAGES, \$18.95

A practical, illustrated guide to popular diving and snorkeling sites of Roatan and Honduras Bay. (Item no. CAM91)

*Hector Perez-Brignoll*

#### **A Brief History of Central America**

1989, PAPER, 223 PAGES, \$19.95

A good overview of the economic, political and social history of the region through the 1980s by a professor at the University of Costa Rica. Well written, informative and concise. (Item no. CAM49)

*Ralph Lee Woodward*

**Central America, A Nation Divided**

1999, PAPER, 448 PAGES, \$31.95

A balanced standard history of the region -- popular as a university textbook and thoroughly revised to reflect the momentous events in the region since 1976. With an extensive guide to further reading. (Item no. CAM80)

*Jeffery M. Paige*

**Coffee and Power: Revolution and the Rise of Democracy in Central America**

1998, PAPER, 448 PAGES, \$22.95

Panoramic in scope, this scholarly history examines the emerging democracies of Central America and especially the political impact on powerful families who control coffee production. (Item no. CAM50)

*George S. Henderson*

**The World of the Ancient Maya**

1997, PAPER, 327 PAGES, \$29.95

A comprehensive survey of the Maya from early settlement to the Spanish invasion. With descriptions of Maya rulers, architecture, art, language, and daily life, photographs and maps. (Item no. MYA21)

*Tatiana Proskouriakoff*

**An Album of Maya Architecture**

1989, PAPER, 142 PAGES, \$27.95

A classic work, first published in 1946. Scholar, artist, and architect Tatiana Proskouriakoff presents breathtaking artistic reconstructions of what the Maya sites may have looked like. (Item no. MYA06)

*Joyce Kelly*

**An Archaeological Guide to Northern Central America**

1996, PAPER, 352 PAGES, \$24.95

The clear descriptions, site plans, maps and photographs of 38 archeological sites and 25 museums throughout Central America make this book an ideal travel companion. (Item no. MYA04)

*Michael Coe*

**Breaking the Maya Code**

1999, PAPER, 304 PAGES, \$19.95

Mayan hieroglyphs were a linguistic puzzle until the 1952 breakthrough translation of a Mayan bark-paper text, as Coe explains in this history. The book also includes an extensive discussion of Maya studies and political activism in the wake of the linguistic discovery. (Item no. MYA30)

*Simon Martin, Nikolai Grube*

**Chronicle of the Maya Kings and Queens, Deciphering the Dynasties of the Ancient Maya**

2000, HARD COVER, 240 PAGES, \$34.95

The history of the Maya dynasties, encompassing biographies of 152 kings and queens, as gleaned from recently deciphered hieroglyphs. An unusual and rewarding book, illustrated in color and black-and-white. (Item no. MYA31)

*John Lloyd Stephens*

**Incidents of Travel in Central America, Chiapas and Yucatan: Volume Two**

1969, PAPER, 474 PAGES, \$12.95

Stephen's classic account of archeological discovery, originally published in 1843. This second volume covers Stephens and Catherwood's further adventures, including the Yucatan and Palenque. (Item no. MYA05)

*Mary Ellen Miller*

**Maya Art and Architecture**

1999, PAPER, 240 PAGES, \$14.95

An illustrated overview of the art and architecture of the Maya, making use of the latest discoveries at Tikal, Copan, and Palenque to demonstrate the range of Maya artistic influence. Highly recommended for travelers interested in a better understanding of Maya art. (Item no. MYA20)

*Mark Van Stone, Michael Coe*

**Reading the Maya Glyphs**

2005, PAPER, 160 PAGES, \$19.95

A compact, illustrated guide to commonly encountered Maya hieroglyphs with clear drawings and illuminating text; an excellent introduction to Maya writing for the traveler. (Item no. MYA26)

*William L. Fash*

**Scribes, Warriors and Kings: The City of Copan and the Ancient Maya**

2001, PAPER, 192 PAGES, \$24.95

A comprehensive, illustrated overview of the great city of Copan, its rise to power, history and mysterious collapse in the ninth century. Fash pays particular attention to the role of recently deciphered inscriptions in our changing understanding of the Maya. (Item no. MYA11)

*Mary Ellen Miller*

**The Art of Mesoamerica, from Olmec to Aztec**

2001, PAPER, 240 PAGES, \$16.95

An excellent survey of Mesoamerican art and architecture from 1500 BC to the Spanish conquest. Compact and profusely illustrated, it includes drawings, photographs and site plans. (Item no. MYA09)

*Michael Coe*

**The Maya**

2005, PAPER, 272 PAGES, \$22.50

A clear, concise and up-to-date introduction to Maya archaeology and culture by a leading authority, now in its seventh edition. A volume in the series, "Ancient Peoples and Places," this short book highlights the chronology, accomplishments and legacy of the Maya. (Item no. MYA10)

*John Lloyd Stephens*

**Incidents of Travel in Central America, Chiapas and Yucatan: Volume One**

1969, PAPER, 396 PAGES, \$14.95

The first volume of Stephens' 1843 account, an instant bestseller and still an excellent introduction to the people, culture and archaeology of Central America; follows Stephens through Belize and Guatemala, with several chapters on Copan. (Item no. MYA33)

*Dennis Tedlock*

**Popol Vuh, The Mayan Book of the Dawn of Life**

1996, PAPER, 388 PAGES, \$15.00

The definitive, unabridged collection of creation myths and stories of the Quiche people. Carlos Fuentes called it The Maya Bible. (Item no. MYA14)

*Giaconda Belli*

**The Inhabited Woman**

1995, PAPER, 412 PAGES, \$22.95

A novel of magical realism in Central America. (Item no. CAM33)

*Paul Theroux*

**The Mosquito Coast**

2006, PAPER, 384 PAGES, \$13.95

The tale of a man who abandons civilization for the wilds of Honduras. (Item no. CAM34)

*J.C. Kricher, Mark Plotkin*

**A Neotropical Companion**

1999, PAPER, 536 PAGES, \$27.95

A tropical primer aimed at the motivated general reader. From plants and animals, birds to bugs, it's all here in this wonderfully written primer on the ecology, habitats, plants and animals of Central and South America. (Item no. GPS11)

*Victoria Schlesinger*

**Animals and Plants of the Ancient Maya, A Guide**

2002, PAPER, 400 PAGES, \$29.95

A comprehensive guide to the natural and cultural history of 100 plants and animals of the Maya world, primarily those from the lowland tropical forest of Central America but also including savanna, mangrove and coral reef habitats. (Item no. MYA29)

*Ernest Preston Edwards*

**Field Guide to the Birds of Mexico and Adjacent Areas, Belize, Guatemala, and El Salvador**

1998, PAPER, 288 PAGES, \$22.95

This classic guide illustrates all the regularly occurring birds of Mexico and neighboring areas, and includes details of distribution, abundance, habitat and identification features for 850 species. (Item no. MEX47)

*I Greenberg*

**Fishwatcher's Field Guide Caribbean**

PLASTIC CARD, \$7.50

A convenient double-sided plastic card showing 75 reef fish of the Caribbean. (Item no. DIV11)

*I Greenberg*

**Marine Invertebrates of Florida, the Bahamas, Bermuda and the Caribbean**

PLASTIC CARD, \$7.50

A convenient double-sided plastic card showing 61 invertebrates of the Caribbean. (Item no. DIV12)

*Paul Humann*

**Reef Fish Identification**

2002, FLEXI-BOUND, 400 PAGES, \$39.95

A specialized 400-page reference guide with 670 color photographs; underwater enthusiasts will want this comprehensive guide to reef fishes, which includes first-ever photos of elusive fish species. (Item no. DIV03)

*Paul Humann*

**Snorkeling Guide to Marine Life**

1995, PAPER, 80 PAGES, \$14.95

A compact guide illustrating all the fishes, corals, invertebrates and plants you are most likely to encounter in less than 15 feet of water in the Caribbean. (Item no. DIV02)

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