

READING GUIDE

Oaxaca

Here is a brief selection of favorite, new and hard-to-find books, prepared for your journey. For your convenience, you may call (800) 342-2164 to order these books directly from Longitude, a specialty mail-order book service. To order online, and to get the latest, most comprehensive selection of books for your voyage, go directly to <http://reading.longitudebooks.com/LD63>.

Essential

These 6 items are available as a package for \$95 including shipping, 15% off the retail price (Item no. EXMEX56). Any additional books ordered are shipped free.

Bruce Whipperman

Moon Handbook Oaxaca

2004, PAPER, 474 PAGES, \$17.95

An invaluable travel guide featuring a good overview of the culture and history of the region, along with coverage of local events, recommendations on accommodations and dining. With photos, illustrations and dozens of local and city maps. (Item no. MEX67)

Octavio Paz

The Labyrinth of Solitude

1985, PAPER, 398 PAGES, \$14.50

An enduring classic by the Nobel prize-winning poet and essayist Octavio Paz. This collection of essays tackles Mexican culture and character. The chapters on the Mexican celebration of the Day of the Dead and the conquest are especially memorable. (Item no. MEX08)

Oliver Sacks

Oaxaca Journal

2005, PAPER, 159 PAGES, \$10.95

A man of many talents, neurologist Sacks is not only a marvelous essayist and intrepid traveler but also a man with a keen eye for nature and an interest in traditional cultures. This book, the result of a trip to Oaxaca with (of all things) the American Fern Society displays his wide-ranging intellectual curiosity, interweaving his observations and travels with history, nature and culture of the region. A volume in the National Geographic Destinations series. (Item no. MEX100)

Chloe Sayer

Textiles from Mexico

2002, PAPER, 88 PAGES, \$19.95

A brief, illustrated survey of the techniques, styles and diversity of textiles produced in Mexico, featuring lively commentary and color photographs of 20 pieces from the British Museum. A compact, informative guide in the Fabric Folios series. (Item no. MEX101)

Judith Cooper Haden

Oaxaca, The Spirit of Mexico

2002, HARD COVER, 158 PAGES, \$30.00

A lively, oversize survey of the architecture, people, history, folk arts and traditions of Oaxaca. Essays by journalist Matthew Jaffee accompany the 200 intimate, dazzling photographs. Haden's long association with Mexico and, especially, its handicrafts shows in the depth and range of her photographs. The photographer is also owner of Casita, a Latin American folk art shop and gallery in Seattle. (Item no. MEX115)

Ediciones Independencia

Oaxaca Map

MAP, \$8.95

A color map of the state of Oaxaca at a scale of 1:650,000. On the reverse side are detailed plans of the main cities, including Oaxaca. All the text is in Spanish. (Item no. MEX49)

Also Recommended

Susana Trilling

Seasons of My Heart: A Culinary Journey Through Oaxaca, Mexico

1999, HARD COVER, 336 PAGES, \$27.95

Trilling, owner of the Seasons of My Heart cooking school and inn, offers an in-depth discussion of traditional dishes of Oaxaca -- but this is more than a portrait of food; it is a portrait of the people and the landscape of Mexico. (Item no. MEX68)

Zarela Martinez

The Food and Life of Oaxaca, Traditional Recipes from Mexico's Heart

1997, HARD COVER, 342 PAGES, \$32.50

A cultural history of the region as interpreted through its food, this book mixes 150 recipes with a fascinating discussion of ingredients, daily rituals and regional celebrations. (Item no. MEX42)

John Chance

Conquest of the Sierra, Spaniards and Indians in Colonial Oaxaca

2001, PAPER, 252 PAGES, \$24.95

A scholarly history of the Zapotecs, which focuses on the impact of Spanish colonization on local communities and culture. (Item no. MEX94)

Hugh Thomas

Conquest: Montezuma, Cortes and the Fall of Old Mexico

1995, PAPER, 812 PAGES, \$21.00

An entertaining and monumental tome on the conquest of Mexico. It's rare to find a work of such scholarship and importance that is also an enjoyable read. (Item no. MEX06)

Juanita Garciagodo

Digging the Days of the Dead

1998, PAPER, 352 PAGES, \$27.50

An in-depth study of the Mexican holiday in which families remember the deceased. (Item no. MEX79)

Bernal Diaz del Castillo

Discovery and Conquest of Mexico

2004, PAPER, 478 PAGES, \$21.00

The conquest of the Aztecs from a soldier's perspective. (Item no. MEX32)

Lesley Byrd Simpson

Many Mexicos

1983, PAPER, 389 PAGES, \$19.95

This is the widely known popular history of Mexico, first published in 1941, stands as an enjoyable, well-written introduction to the country and its history. (Item no. MEX38)

Enrique Krauze

Mexico, Biography of Power, A History of Modern Mexico, 1810-1996

1998, PAPER, 896 PAGES, \$22.95

A beautifully written political and social history of Mexico. Translated from the Spanish, this is a widely praised, sweeping history. (Item no. MEX52)

Mary Jane Gagnier Mendoza

Oaxaca Celebration, Family, Food, And Fiestas in Teotitlan

2005, PAPER, \$24.95

Gagnier Mendoza captures the rituals and celebrations of Day of the Dead, Fiesta of the Black Christ of Esquipalasm, Easter and wedding ceremonies in this overview featuring 100 color photographs. (Item no. MEX153)

Miguel Leon Portilla

The Broken Spears: The Aztec Account of the Conquest of Mexico

1992, PAPER, 196 PAGES, \$18.00

The view of the vanquished, this is a good antidote/compliment to Spanish chronicles. (Item no. MEX57)

Margarita de Orellana, Albert Ruy Sanchez

Crafts of Mexico

2004, HARD COVER, 360 PAGES, \$45.00

An abundantly illustrated guide to Mexico's crafts, including textiles, jewelry, ceramics, furniture and more. (Item no. MEX144)

Anya Leah Rothstein, Arden Aibel Rothstein

Mexican Folk Art from Oaxacan Artist Families

2002, HARD COVER, 192 PAGES, \$39.95

Spotlighting 87 artists from 45 Oaxacan families, this compendium covers the range of Oaxacan folk arts, from ceramics to carving, textiles and dried flowers. (Item no. MEX110)

Irmgard Weitlaner-Johnson

Mexican Indian Folk Designs, 252 Motifs from Textiles

1993, PAPER, 80 PAGES, \$8.95

An inexpensive paper edition of Weitlander-Johnson's scholarly, exacting presentation of traditional Mexican designs. (Item no. MEX160)

Mary Davis, Greta Pack

Mexican Jewelry

1982, PAPER, 278 PAGES, \$19.95

A classic, illustrated overview of the diversity of Mexican jewelry first published in 1963. With 145 photographs and drawings. (Item no. MEX152)

Michael Coe

Mexico, From the Olmecs to the Aztecs

2002, PAPER, 248 PAGES, \$22.50

A classic survey of Mexico's ancient civilizations by a leading archaeologist, Coe covers in concise, illustrated detail the Olmec, Zapotec, Toltec and Aztec civilizations. (Item no. MEX53)

Lois Wasserspring

Oaxacan Ceramics, Traditional Folk Art by Oaxacan Women

2000, PAPER, 132 PAGES, \$18.95

A visual celebration of the work of six folk artists in the Valley of Oaxaca. (Item no. MEX88)

Shepard Barbash

Oaxacan Woodcarving, The Magic in the Trees

1993, PAPER, 107 PAGES, \$19.95

A wonderfully illustrated look at the folk art of San Martin Tilcajete, Arrazola, and La Union Tejalapan in Oaxaca, which takes the form of colorfully painted figurines. (Item no. MEX40)

Mary Ellen Miller

The Art of Mesoamerica, from Olmec to Aztec

2001, PAPER, 240 PAGES, \$16.95

An excellent survey of Mesoamerican art and architecture from 1500 BC to the Spanish conquest. Compact and profusely illustrated, it includes drawings, photographs and site plans. (Item no. MYA09)

Jeremy Sabloff

The Cities of Ancient Mexico

1997, PAPER, 224 PAGES, \$16.95

A portrait of ancient civilizations in Mexico with chapters on the Oaxaca Valley, Teotihuacan and Palenque. Written by a renowned Mayanist, it also features insightful chapters on how archaeologists have reconstructed the past in Mexico. (Item no. MEX41)

John Greenleigh, Rosalind Rosoff

The Days of the Dead, Mexico's Festival Communion with the Departed

1998, PAPER, 110 PAGES, \$25.00

A collection of color photographs and essays (in both English and Spanish) celebrating Mexico's Day of the Dead. (Item no. MEX149)

Andra Fischgrund Stanton, Jaye Phillips

Zapotec Weavers of Teotitlan

1999, PAPER, 128 PAGES, \$29.95

A handsome, illustrated guide to the history, culture, techniques, weaving and design of the rugs and other textiles of Teotitlan del Valle, Oaxaca. (Item no. MEX89)

Frances Calderon De La Barca

Life in Mexico

1982, PAPER, 548 PAGES, \$21.95

A wonderfully insightful, celebrated series of letters written by the Scottish wife of the Spanish Ambassador from Mexico, 1839-1842. (Item no. MEX36)

Subcomandante Marcos, Leslie Lopez

Shadows of Tender Fury

1995, PAPER, \$15.00

The collected letters and communiques of Subcomandante Marcos, the leader of the Zapatista rebels. (Item no. MEX93)

Alan Ryan

Reader's Companion to Mexico

1995, PAPER, 368 PAGES, \$17.00

This fine volume collects some of the best writing on Mexico, including excerpts by John Steinbeck, Langston Hughes, Graham Greene and many others. Each satisfyingly long excerpt is crisply introduced by Ryan with valuable historical and personal context. (Item no. MEX34)

Zelia Nuttall

The Codex Nuttall, A Picture Manuscript from Ancient Mexico

1975, PAPER, 96 PAGES, \$19.95

A reproduction of the Peabody Museum facsimile, featuring 86 full-color plates depicting the life of the 10th-century Mixtec lord 8-Deer. (Item no. MEX159)

Malcolm Lowry

Under the Volcano

2000, PAPER, 434 PAGES, \$14.00

Lowry's celebrated novel, set on the Day of the Dead in 1938, finds a British consulate holed up in small Mexican bar, trying to drink away the haunting troubles of his past. (Item no. MEX150)

Stephen Howell, Sophie Webb

A Guide to the Birds of Mexico and Northern Central America

1995, PAPER, 849 PAGES, \$39.95

Serious birders will want this definitive guide to the 1,070 bird species. It may be awkward to carry but it covers, in detail, all the birds you will see in the region. (Item no. FG15)

Roger Tory Peterson, Edward Chalif

Field Guide to Mexican Birds

1973, PAPER, 298 PAGES, \$22.00

An easy-to-carry field guide with 1,000 species reported in Mexico, Belize and El Salvador, covering also northwest Costa Rica. (Item no. FG12)

Ernest Preston Edwards

Field Guide to the Birds of Mexico and Adjacent Areas, Belize, Guatemala, and El Salvador

1998, PAPER, 288 PAGES, \$22.95

This classic guide illustrates all the regularly occurring birds of Mexico and neighboring areas, and includes details of distribution, abundance, habitat and identification features for 850 species. (Item no. MEX47)

TO ORDER

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