

READING GUIDE

Panama

Here is a brief selection of favorite, new and hard-to-find books, prepared for your journey. For your convenience, you may call (800) 342-2164 to order these books directly from Longitude, a specialty mail-order book service. To order online, and to get the latest, most comprehensive selection of books for your voyage, go directly to <http://reading.longitudebooks.com/LD676>.

Essential

These 6 items are available as a package for \$85 including shipping, 15% off the retail price (Item no. EXPNM06). Any additional books ordered are shipped free.

Scott Doggett

Lonely Planet Panama

2004, PAPER, 348 PAGES, \$21.99

The usual comprehensive Lonely Planet treatment, with a good overview of the history, culture and nature of Panama, along with regional maps and excellent detail on where to go, sleep and eat. Adapted from "Central America on a Shoestring" with original research by Scott Doggett, who is the primary author on a number of Latin American guides. (Item no. PNM12)

Adrian Forsyth, Ken Miyata

Tropical Nature

1984, PAPER, 248 PAGES, \$14.00

A lively, lucid portrait of the rain forest as seen by two uncommonly observant and thoughtful field biologists. Its 17 marvelous essays introduce the habitats, ecology, plants and animals of the Central and South American rain forest. With a lengthy appendix of practical advice for the tropical traveler. (Item no. GPS13)

Elizabeth Royte

The Tapir's Morning Bath

2002, PAPER, 336 PAGES, \$14.00

Subtitled "Mysteries of the Tropical Rain Forest and the Scientists Who Are Trying to Solve Them," this book is an engaging account of ecological research and ecologists at Barro Colorado Island, the Smithsonian Institution's Tropical Research Station in Panama. Royte, a journalist and research-assistant-at-large, is an entertaining and insightful guide to flora, fauna and science. (Item no. AMZ74)

Ulrich Keller

The Building of the Panama Canal in Historic Photographs

1983, PAPER, 111 PAGES, \$12.95

These archival photographs tell the story of the people who built the Panama Canal, the engineers who designed it and the changes wrought on the landscape through its construction. (Item no. CAM41)

David McCullough

The Path Between the Seas, The Creation of the Panama Canal: 1870-1914

2004, PAPER, 700 PAGES, \$18.00

This prize-winning book tackles the full scope of the history of the Panama Canal, its characters, technical difficulties and the Byzantine politics involved. It's a great story that master McCullough plumbs with a deft hand. Capturing all the international intrigue, you couldn't make up a better story. It's 700 pages long but reads like a suspense novel. (Item no. CAM32)

ITMB

Panama Map

2006, MAP, \$9.95

A full-color, double-sided map of Panama for the traveler at the detailed scale of 1:480,000. Printed on water- and tear-resistant plastic paper. (Item no. CAM25)

Also Recommended

Joseph Keenan

Breaking Out of Beginner's Spanish

1994, PAPER, 215 PAGES, \$18.95

Idioms, common mistakes in word usage, and other helpful advice on tackling spoken Spanish. You'll need some foundation to take full advantage of this book -- but even a complete novice will appreciate the author's playful sense of humor. (Item no. CAM06)

Anne Vipond

Panama Canal by Cruise Ship

2004, PAPER, 336 PAGES, \$19.95

An outstanding guide to the Panama Canal, and popular ports of call in Mexico, the Caribbean and Central America. It features a mile-by-mile guide to the transit, a history of the building of the canal and a detailed pullout map. (Item no. PNM13)

Jay M. Pasachoff, Michael A. Covington

The Cambridge Eclipse Photography Guide

1993, PAPER, 135 PAGES, \$20.99

Subtitled "How and Where to Observe and Photograph Solar and Lunar Eclipses," this brief practical guide includes everything you would want to know about photographing the phenomenon. (Item no. GEN29)

Hector Perez-Brignoll

A Brief History of Central America

1989, PAPER, 223 PAGES, \$19.95

A good overview of the economic, political and social history of the region through the 1980s by a professor at the University of Costa Rica. Well written, informative and concise. (Item no. CAM49)

Ralph Lee Woodward

Central America, A Nation Divided

1999, PAPER, 448 PAGES, \$31.95

A balanced standard history of the region -- popular as a university textbook and thoroughly revised to reflect the momentous events in the region since 1976. With an extensive guide to further reading. (Item no. CAM80)

Anthony G. Coates

Central America, A Natural and Cultural History

1999, PAPER, 296 PAGES, \$20.00

A concise overview of the region with contributions by diverse authors on the geology, natural history and culture of the Central American isthmus. (Item no. CAM69)

Jeffery M. Paige

Coffee and Power: Revolution and the Rise of Democracy in Central America

1998, PAPER, 448 PAGES, \$22.95

Panoramic in scope, this scholarly history examines the emerging democracies of Central America and especially the political impact on powerful families who control coffee production. (Item no. CAM50)

John Lindsay-Poland

Emperors in the Jungle, The Hidden History of the U.S. in Panama

2003, PAPER, 280 PAGES, \$19.95

A history and expose of U.S. military adventures and incursions in Panama. (Item no. PNM24)

Ovidio Diaz Espino

How Wall Street Created a Nation: J.P. Morgan, Teddy Roosevelt, and the Panama Canal

2003, PAPER, 276 PAGES, \$16.00

An intriguing look into the treachery, behind-the-scenes financial wrangling and Roosevelt-era dollar diplomacy that resulted in both the Panama Canal and the establishment of Panama as an independent nation. (Item no. PNM23)

John McPhee

Looking for a Ship

1991, PAPER, \$15.00

In his signature style of exploring important but ignored subjects, John McPhee explores the dying industry of the Merchant Marine. (Item no. GEN133)

William Friar

Portrait of the Panama Canal, from Construction to the Twenty-First Century

2003, PAPER, 80 PAGES, \$16.95

A photo-essay with contemporary and archival photographs of the Panama Canal, as well as a short history, featuring 60 color and 10 archival images. (Item no. CAM54)

Mari Lyn Salvador

The Art of Being Kuna, Layers of Meaning Among the Kuna of Panama

1997, PAPER, 360 PAGES, \$45.00

The catalogue from a big stateside exhibition of arts of the Kuna, this book collects essays on molas, music, storytelling and dance, as well as more than 500 illustrations (330 in color). (Item no. PNM17)

Edmund Morris

Theodore Rex

2002, PAPER, 792 PAGES, \$16.95

A celebrated biography tackling Roosevelt's presidency from 1901 to 1909 -- and his role in creating an American Empire. (Item no. USE310)

Graham Greene

The Captain and the Enemy

2005, PAPER, 208 PAGES, \$14.00

Graham Greene returns to classic themes of mystery, deceit and espionage in this accomplished short novel, his 23rd and last book involving deceit and espionage in Panama and Latin America. (Item no. CAM53)

John Le Carre

The Tailor of Panama

1997, PAPER, 512 PAGES, \$7.99

Set in Panama, this thriller by master storyteller John Le Carre includes spymasters, corrupt officials, arms manufacturers and other unsavory stereotypes. (Item no. CAM51)

Larry Habegger, Natanya Pearlman

Travelers' Tales Central America

2001, PAPER, 277 PAGES, \$17.95

A collection of eyewitness reports by journalists, travelers and writers, including Joan Didion, P.J. O'Rourke and Paul Theroux. (Item no. CAM96)

Egbert G. Leigh, Jr, Christian Ziegler

A Magic Web, The Tropical Forest of Barro Colorado Island

2002, HARD COVER, 292 PAGES, \$40.00

A generously illustrated overview of the nature and ecology of Barro Colorado Island. (Item no. CAM100)

J.C. Kricher, Mark Plotkin

A Neotropical Companion

1999, PAPER, 536 PAGES, \$27.95

A tropical primer aimed at the motivated general reader. From plants and animals, birds to bugs, it's all here in this wonderfully written primer on the ecology, habitats, plants and animals of Central and South America. (Item no. GPS11)

Kevin Schafer, Downs Matthews

Beneath the Canopy, Wildlife of the Latin American Rain Forest

1999, PAPER, 144 PAGES, \$29.95

Portraits of the birds, mammals, reptiles and other elusive animals of the neotropic rainforest, with essays by Downs Matthews and color photographs by veteran naturalist Kevin Schafer. (Item no. AMZ58)

Alwyn Gentry

Four Neotropical Rainforests

1993, PAPER, 627 PAGES, \$50.00

A good reference to the flora, fauna and ecology of four representative tropical forests: Manaus (Brazil), Park Manu (Peru), Barro Colorado Island (Panama) and La Selva (Costa Rica). (Item no. AMZ33)

Michael Maunder, Patrick Moore

The Sun in Eclipse

1997, PAPER, 260 PAGES, \$34.95

Aimed at the experienced observer, this survey of solar eclipses not only explains the phenomenon but also includes suggestions on photography and viewing. (Item no. SCI27)

Robert Ridgely, J.A. Gwynne

A Guide to the Birds of Panama with Costa Rica, Nicaragua and Honduras

1992, PAPER, 534 PAGES, \$49.95

A comprehensive field guide, recently updated and masterfully researched. This sturdy edition covers additional species occurring in Nicaragua, Honduras, and Costa Rica. (Item no. CAM07)

Paul Humann

Snorkeling Guide to Marine Life

1995, PAPER, 80 PAGES, \$14.95

A compact guide illustrating all the fishes, corals, invertebrates and plants you are most likely to encounter in less than 15 feet of water in the Caribbean. (Item no. DIV02)

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