

## READING GUIDE

# Peruvian Amazon

Here is a brief selection of favorite, new and hard-to-find books, prepared for your journey. For your convenience, you may call (800) 342-2164 to order these books directly from Longitude, a specialty mail-order book service. To order online, and to get the latest, most comprehensive selection of books for your voyage, go directly to <http://reading.longitudebooks.com/LD9387>.

### Essential

These 5 items are available as a package for \$85 including shipping, 15% off the retail price (Item no. EXAMZ79). Any additional books ordered are shipped free.

*Huw Hennessy, Hans-Ulrich Bernard*

#### **Insight Guide Amazon Wildlife**

2003, PAPER, 368 PAGES, \$22.95

An illustrated guide to the region, its wildlife and conservation by an international team of biologists and photographers. It covers biogeography, habitats, animal groups and conservation problems in a series of short essays. Several chapters are devoted to the people of the region and to a country-by-country survey of the river's features. It also includes some practical travel information and a short checklist of mammals and birds. (Item no. AMZ03)

*Adrian Forsyth, Ken Miyata*

#### **Tropical Nature**

1984, PAPER, 248 PAGES, \$14.00

A lively, lucid portrait of the rain forest as seen by two uncommonly observant and thoughtful field biologists. Its 17 marvelous essays introduce the habitats, ecology, plants and animals of the Central and South American rain forest. With a lengthy appendix of practical advice for the tropical traveler. (Item no. GPS13)

*David L. Pearson, Les Beletsky*

#### **Peru, Travellers' Wildlife Guides**

2004, PAPER, 500 PAGES, \$27.95

A convenient illustrated guide to the birds, amphibians and reptiles, mammals, and insects from the Peruvian Amazon and Andes to the Pacific coast, featuring 500 color illustrations. (Item no. PRU30)

*Mark Plotkin*

#### **Tales of a Shaman's Apprentice**

1994, PAPER, 328 PAGES, \$16.00

This is the stuff of adventure movies. Like Russ Mittermeir and Wade Davis, Mark Plotkin is the student of the extraordinary Richard Schultes at Harvard University, a pioneer in the field of ethnobotany. In this marvelous book Plotkin recounts his work documenting the use of medicinal plants among remote tribes in the Northwest Amazon of Suriname, Venezuela, Guyana and French Guiana. The book is a portrait of people and their environment, a tale of adventure and -- most of all -- a moving example of science in the service of preservation. He reminds us, "every time a shaman dies, it is as if a library burned down." (Item no. AMZ15)

*Berndtson & Berndtson*

#### **Peru Map**

MAP, \$10.95

A detailed laminated relief map of Peru at a scale of 1:1,750,000. This is a very clear, colorful map, which also features detailed insets of Lima and Cusco, and even a site plan of Maccu Picchu. Peru itself is broken into three sections: North, Central, South. (Item no. PRU02)

### Also Recommended

*Insight Guides*

#### **Insight Guide Peru**

2005, PAPER, 352 PAGES, \$23.95

An illustrated overview, panoramic in scope, that brings Peru to life in hundreds of color photographs and vividly written essays by a team of experts on history, archaeology and culture. (Item no. PRU01)

*Nigel J.H. Smith*

#### **The Enchanted Amazon Rain Forest, Stories from a Vanishing World**

1996, HARD COVER, 208 PAGES, \$29.95

A wonderfully presented collection of observations from the Amazon, this is a good introduction to the people, culture and geography of the rain forest. (Item no. AMZ26)

*Peter Matthiessen*

#### **Cloud Forest: A Chronicle of the South American Wilderness**

1987, PAPER, 280 PAGES, \$15.00

Matthiessen recounts with wit, insight and style a journey through South America, including a marvelous wild goose chase in the Amazon, an obligatory visit to Machu Picchu, and his travels in Tierra del Fuego. (Item no. SAM02)

*William Herndon, Gary Kinder*

#### **Exploration of the Valley of the Amazon**

2000, PAPER, 343 PAGES, \$14.00

An original account of 19th-century exploration of the Amazon by Captain Herndon, who traveled from Lima to the Pacific coast of Brazil. (Item no. AMZ67)

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*Redmond O'Hanlon*

**In Trouble Again, A Journey Between the Orinoco and the Amazon**

1990, PAPER, 272 PAGES, \$13.95

A comic masterpiece, the book is also noteworthy for its excellent descriptions of the environment and peoples of the Amazon. O'Hanlon starts this witty account of a journey into the Amazon with a litany of the insects, protozoa, snakes and predators that can do you harm. (Item no. AMZ04)

*Linnea Smith*

**La Doctora, The Journal of an American Doctor Practicing Medicine of the Amazon River**

1999, PAPER, 238 PAGES, \$18.95

An insightful collection of letters home to America from a doctor at an Amazonian jungle clinic for education and research. (Item no. AMZ43)

*Margaret Lowman*

**Life in the Treetops, Adventures of a Woman in Field Biology**

2000, PAPER, 219 PAGES, \$13.95

The sprightly memoir of an ecologist who climbs, studies and sleeps in trees for a living. She's also a popular lecturer on trips to the Amazon and Director of Research and Conservation at Selby Botanical Gardens (Item no. AMZ57)

*Wade Davis*

**One River, Explorations and Discoveries in the Amazon**

1997, PAPER, 537 PAGES, \$17.00

A lyrical, meticulously researched book of discovery that is both a biography of the author's mentor, the director of the Harvard botanical museum Richard Schultes, and the story of his own botanical adventures throughout South America. (Item no. AMZ22)

*Joe Kane*

**Running the Amazon**

1990, PAPER, 278 PAGES, \$14.00

A best-selling account of a 4000-mile expedition from the high Andes to the Atlantic by foot, raft and kayak -- an expedition only four of the ten participants finished. (Item no. AMZ13)

*J.C. Kricher, Mark Plotkin*

**A Neotropical Companion**

1999, PAPER, 536 PAGES, \$27.95

A tropical primer aimed at the motivated general reader. From plants and animals, birds to bugs, it's all here in this wonderfully written primer on the ecology, habitats, plants and animals of Central and South America. (Item no. GPS11)

*Hugh Raffles*

**In Amazonia, A Natural History**

2002, PAPER, 302 PAGES, \$19.95

An intriguing look at the intertwined history of people and nature in the Amazon. Academic yet still artful, Raffles focuses on a small Brazilian riverine community and the transformation of their river over the last 50 years. (Item no. AMZ85)

*Michael Goulding, Ronaldo Barthem, Efreim Ferreira*

**The Smithsonian Atlas of the Amazon**

2003, HARD COVER, 254 PAGES, \$39.95

A full-color, profusely illustrated atlas of the 4000-mile-long river and its major tributaries, with 150 detailed maps and 300 photographs. (Item no. AMZ82)

*James L. Castner, Stephen L. Timme, James A. Duke*

**A Field Guide to Medicinal and Useful Plants of the Upper Amazon**

1998, PAPER, 154 PAGES, \$38.00

A photographic identification guide focusing on the practical uses of common plants of the tropical forest. (Item no. AMZ39)

*James L. Castner*

**Amazon Insects - A Photo Guide**

2000, PAPER, 160 PAGES, \$20.00

A guide to insects of the Amazon, from the spectacular to the weird to the commonly encountered, featuring 200 color photographs. (Item no. AMZ63)

*Paul Greenfield, Robert Ridgely*

**Birds of Ecuador, A Field Guide**

2001, PAPER, 740 PAGES, \$52.95

A comprehensive, gorgeous, and exhaustively researched field guide to the birds of Ecuador (and adjacent countries) featuring 96 color plates. It's also the best bird guide for travelers in the Peruvian Amazon. (Item no. EDR08)

*L.H. Emmons*

**Neotropical Rainforest Mammals, A Field Guide**

1997, PAPER, 298 PAGES, \$32.50

An illustrated guide to the mammals of the New World tropics, compact enough to slip into your daypack, with 29 color plates illustrating more than 200 species. (Item no. GPS12)

*R.D. Bartlett, Patricia Bartlett*

**Reptiles and Amphibians of the Amazon**

2003, PAPER, 448 PAGES, \$29.95

A convenient guide to 250 colorful and commonly encountered snakes, lizards, turtles, frogs and salamanders of the Amazon. (Item no. AMZ84)

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***LONGITUDE***

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